

Our ref: SF/sb/ICB FOI 404-24/25: Osman  
Your ref:  
Date: 18 March 2025

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Dear Ms Osman

### Freedom of Information Act Request: Ref FOI 404-24/25: Response

I am writing further to your request made under the Freedom of Information Act 2000 received on 18 February 2025. NHS Cambridgeshire and Peterborough Integrated Care Board's (ICB) response is set out below:

**1. Does your ICB commission a maternal mental health service?**

Yes

**2. If yes to Question 1, does this service include access to specialist psychological support (1:1 therapies), for people with the following experiences:**

3.

Experience	Both parents	Mother/ birthing person only
Miscarriage, ectopic pregnancy and molar pregnancy	No	Yes
Termination of Pregnancy for Fetal Anomaly (ToPFA)	No	Yes
Stillbirth	No	Yes
Neonatal Death	No	Yes
Sudden Unexpected Death in Infancy (SUDI)	No	Yes

**3. If yes to Question 1, what is the current composition of the clinical team:**

Role	NHS Agenda for Change Banding	WTE
Consultant Clinical Psychologist 8c		
Clinical/ counselling psychologist 8b	8b	2 x 0.8WTE
Project manager		
Clinical/ counselling psychologist		
Art therapist		
Specialist Mental Health practitioner		
Mental Health Nurse		
Specialist Midwife	7	2 x 1WTE
Peer Support Worker		
Assistant Psychologist		
Project Officer		
Administrator	3	1WTE

**4. If yes to Question 1, how long after the experience of pregnancy and baby loss are bereaved parents able to access the service?**

- Up to two years

**5. If yes to Question 1, what was the average length of time bereaved parents waited to be seen by the service, following referral, in 2024 for:**

- Assessment**
- Therapy**

Information not held. The service has only just commenced in the South and in the North is due to commence from 23<sup>rd</sup> April 2025.

**6. If yes to Question 1, how long are parents able to access therapies from the maternal mental health service?**

Indefinitely – for as long as therapy is needed

**7. Do you commission any other specialist psychological therapy service, separately from Maternal Mental Health Services, for bereaved parents who have had the following experiences?**

Experience	Both parents	Mother only	Father or partner only
Miscarriage, ectopic pregnancy and molar pregnancy	No	No	No
Termination of Pregnancy for Fetal Anomaly (ToPFA)	No	No	No
Stillbirth	No	No	No
Neonatal Death	No	No	No
Sudden Unexpected Death in Infancy (SUDI)	No	No	No

**8. If yes, what service do you commission?**

Not applicable

**9. Do you hold any more information on psychological support for parents who have experienced pregnancy or baby loss that may be useful in helping us to understand the services they can access in your area?**

CPFT – Perinatal Trauma and Loss Service

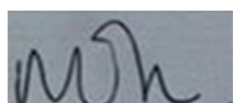
Cambridgeshire and Peterborough Integrated Care System (ICS) - [maternal mental health | CPICS Website](#)

If you are dissatisfied with how your request has been handled or would like to formally appeal against our response please address your concerns, in writing, to the Freedom of Information Team at NHS Cambridgeshire at Gemini House, Bartholomew's Walk, Cambridgeshire Business Park, Angel Drove, Ely CB7 4EA: Telephone: Telephone: 03300 571030 email: [cpicb.freedomofinformation1@nhs.net](mailto:cpicb.freedomofinformation1@nhs.net)

If, after we have addressed your concerns, you remain dissatisfied with how the ICB has responded, you are entitled to appeal to the Information Commissioner's Office at Wycliffe House, Water Lane, Wilmslow, Cheshire SK9 5AF. Further details can be found at <https://ico.org.uk/>.

Please do not hesitate to contact me if I can be of any further assistance.

Yours sincerely



**Martin Whelan**  
Head of Governance and Data Protection Officer